

## Egg

I'm just a tiny round ball. I get all my food from inside this ball. You might be able to see my black eyes!

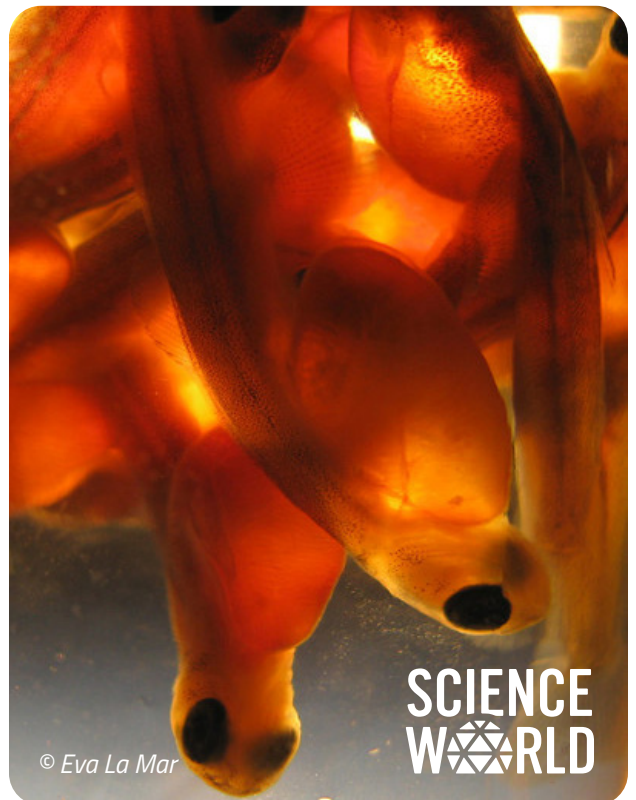
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## Alevin

I'm starting to look like a fish, except I have a big egg sac that I carry around for food.

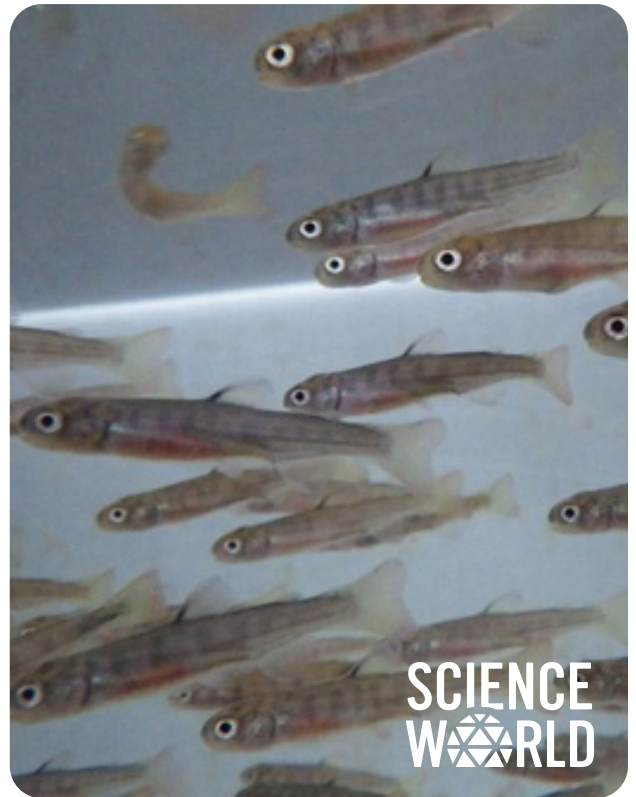
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## Fry

I'm a baby fish. Look for my parr marks (vertical stripes) on my side. Now, I have to find my own food, because I've eaten my entire egg sac!

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## Smolt

I'm still a little fish, but my body is changing a lot to deal with the journey from freshwater rivers to the saltwater ocean. I've lost my vertical stripes called parr marks.

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## Adult

I've been living in the ocean for years and have grown really big from all the great food available. I don't have any fancy colours. I am just silver, because I'm not trying to impress anyone yet.

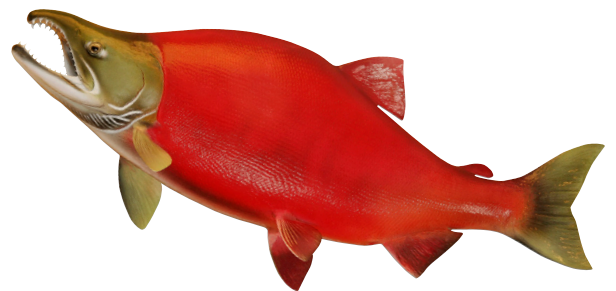
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## Spawner

I'm on my way back home to find a mate, in the same stream that I was born. I've changed a lot, in order to move from saltwater to freshwater and to attract a mate. I've even stopped eating! Notice my colours and my hooked mouth.

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